



Training Workshop:

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## Pre-Marriage Preparation

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So much is spent on the wedding, yet preparing for marriage is so often absent and yet it is an essential inclusion. These are the topic areas which the couple will look at together with the Therapist:

- Getting to know
- Why do you want to get married?
- Foundations for a healthy marriage?
- The meaning of Love
- “Remain at home one year... so that you may cheer up your wife: Why?
- Love expectations
- Strengths & weaknesses
- In-laws & extended family
- Money & Finances
- Sex & sexual adjustment
- Children & Parenting
- Communication
- Spirituality & Values
- Role expectation
- Practicalities of getting married